

This Week's
Date Range

The **10** Minute Leadership Habit™

This Week's Top Three Priorities and How to Prepare

- 1
- 2
- 3

10-Minute Action
you will take each day.

Plan ahead to overcome
interruptions or resistance

MON

Time:

TUE

Time:

WED

Time:

THU

Time:

FRI

Time:

How will you sustain energy, commitment and passion?

Leadership Habit Actions

PAUSE

Reflect on how your thinking
influences choice, choice
influences action, and your
actions create outcomes and
deliver results.

BUILD A HABIT

Application

Put into practice what you're
studying.

Repetition

Like going to the gym..

Reinforcement

From mentors, coaches,
others and from what you
are reading.

How will you
be accountable?

What are you cultivating that will
increase the impact you are having?

Check-in Date/Time: